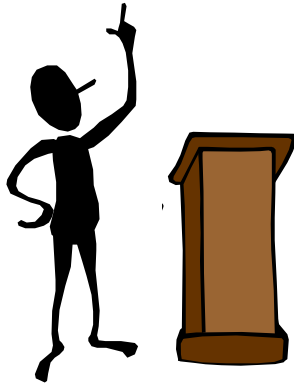


Delivery Skills

Speak with Confidence and Passion



Your actions speak 90% louder
than your words . . . the body never lies!

Build your confidence

Mediocre first impression . . . jitters . . . lack of enthusiasm . . . sweaty palms . . . These are some of the common pitfalls that plague speakers. No matter where you are on the corporate ladder, confident speaking skills will get you noticed—maybe even promoted. Equally important, improving your speaking skills enables you to put more passion into your message which makes it more meaningful to your listeners. When you win, your audience wins too.

Who should attend

This program is designed for all individuals who engage in face-to-face conversation—speeches, presentations, meetings—who want to enhance their speaking skills and gain increased self-esteem, confidence, and credibility.

What you will learn

Dr. Albert Mehrabian is known for his pioneering work in the field of psychology and nonverbal communication. His research shows that speaking style, vocal expression, tone, facial expression, and body language account for more than 90% of the meaning that one conveys when speaking. If you are like most speakers, you want to develop poise and confidence when in front of a group. In this dynamic program you will discover ways to manage and enhance your:

- ◆ words, vocal inflection, volume, and pace
- ◆ body language, posture, gestures, and eye contact
- ◆ nervous energy, movement, and enthusiasm
- ◆ facial expression, sense of humor, and more

Program format

Delivery Skills: Speak with Confidence and Passion is an encouraging workshop where participants use speaker checklists to evaluate and practice their delivery skills. Participants complete short impromptu speaking exercises and receive feedback from their peers and facilitator. The program concludes with an action plan for fine-tuning delivery skills.

One-on-one speaker coaching is also available.

To register, contact:

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Phone
E-mail

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